

**QC**

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home anything but  
institutional **P. 4**

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Style in the city  
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# POETRY IN EMOTION

**MICHAEL GORDON AND IAN WORME  
ARE JUST TWO INDIAN TEACHER  
EDUCATION PROGRAM GRADS  
TO SEE THEIR BEST WORK IN PRINT  
P. 8**

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LAYLA ALAWAD, one of Bill Robertson's creative writing students, in the Indian Teacher Education Program reads her poem at the author's book launch of the U of S April 10 photo by MICHELLE BERG.

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Ashley Martin competes during the Regina Farmers' Market celebrity eating contest on Aug. 29, 2013. PHOTO COURTESY OF ASHLEY MARTIN

## QC COVER PHOTO BY MICHELLE BERG

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# SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight email [qc@leaderpost.com](mailto:qc@leaderpost.com)

# REGINA'S BEST SPACES

## Accessible but not institutional

By Ashley Martin

**WHO?** Bryan and Bev Wilson. Bev is a physical therapist and Bryan was a camera man for CBC before his diagnosis forced him to stop working.

**WHAT?** Their wheelchair-accessible home, which was custom-designed with the help of Heather McGinnis of Munro Homes.

**WHERE?** Regina's new Harbour Landing neighbourhood in south Regina.

**WHEN?** They started considering their options eight years ago, said Bev. "We realised eventually sooner than later we needed something like, knew we were getting close to the end."

**WHY?** Bryan has Parkinson's Disease, a rare neuromuscular disorder that involves tremors, using a cane, to a walker, to a wheelchair. As his tremor and hip pain became more noticeable, it became dangerous to walk around. "It's kind of like when you fall asleep on your arm and when you wake up with that same kind of circulation pain, that's what it's like," Bryan explained.

It's been in his chair for six years, which is about the time they started considering building a custom home.

In the meantime, they adapted their house in Lakeside in less than ideal solution.

The bungalow had four stairs to enter the house. Then one step up from a driveway employee. Temporary ramps were installed at both points.

While Bev was at work, Bryan's makeshift kitchen consisted of a microwave and a cooler. "Rice with food" — the real kitchen was too narrow for his chair.

"If we took the door off the bedroom then I could get in," Bryan said with a laugh. "But obviously [the house] wasn't going to work. And if that everybody's in that position, you are thrown for a loop."

"We could have modified the house, but we were getting tough estimates of a quarter-million [dollars], which is not unusual but it's not equity," so we decided we just build it."

four-year process. They approached Munro Homes because Bev's a friend who works there. The design took the better part of a year to work out.

After it was done, the Wilsons visited a new, vacant public parking lot and mapped out the house using their grandchildren's schoolbook. Bryan stood around the marked lines, just to double-check that their design would work for his chair.

It did, but they hit a snag in that the northwest Regina lot they chose wasn't sloped enough for the design, a main-floor front entry with basement, without into the backyard.

Luckily, they found a lot in Harbour Landing that worked perfectly.

The Wilsons had several considerations for their home. They had to find flooring that would withstand the "small parts" weight of Bryan's chair. (Space did the trick, offering durability and a warm look.)

Bryan's leg has to be elevated most of the time, so having enough room to manoeuvre was important.

Creating a space that was welcoming and didn't look institutional was a big factor too.

"Two disabilities are also: You could be in a power chair or a manual chair and they're completely different heights, so you can't just walk in and say 'build me a wheelchair house.' It depends on the individual," said Bryan.

Energy efficiency was also important to them. They included solar panels, spray-on insulation, LED lights, high-efficiency appliances and a tankless water heater.

"You could heat the house with one of those small electric heaters if you wanted to," said Bryan.

The Wilsons have lived here 1.5 years and it has been life-changing for them.

Bryan can access almost all of his home including the kitchen. The main coat of two with an open area under nearby gives him space to prepare food. The fridge has a refrigerator drawer above the bottom, in and out, to make it easier to access. Bryan can't lift his arms, a pool-filler cap near the stove means not having to fill a pot in the sink.

"You're buying stuff that's ending, you just have to replace a lot of it," said Bryan.



**HOW?** Getting their new home built was a

QUANTIFIED PHOTO:  
COURTESY OF MUNRO HOMES

## SPACES

There are lots of other helpful features. The blinds are on remote control. He can drive his chair into the shower thanks to a ramp and a water dem. The electrical box is low enough for him to reach it, a camera, and motion lights in the front door means Bryan no longer needs a cane.

He can access the basement two ways. A ramp next to the house leads to the backyard but more conveniently, their home has an elevator in what

could be mistaken for a closet near the front entrance. It has a battery backup so Bryan isn't stranded if the power goes out. Independence is the best part about their new house, said Bev.

"(She) can actually go out of town for a couple of days and feel confident that I'm safe that I can look after myself and before I was stranded, I was dependent upon aid from others," said Bryan.

Bev encourages everyone

to think long-term in their own homes — expanding extra space for life is an inevitability.

Wider hallways and doors "make it so much easier when if you only just need a walker or some power," said Bev. "I still put them in a long closet on each floor right above each other and then you have room for an elevator in the future."

"Just leaving a little extra room," said Bryan. "You never know."



# CITY NEWS

# MAY 11, 2014 — 6:21 P.M.

## Springtime is cricket time



Saskatoon's Jeff Ashraf (left) bowls during a cricket match with the Rhinoceros team held at Douglas Park on May 11. (COURTESY OF MICHAEL BELL)

# READ MY BOOK

**LOCAL AUTHORS:**  
Writers tell us what makes their book worth reading

# DENNIS KAMINSKY

## Read and Teach books engaging for young readers

After working 31 years with the federal government, I took an early retirement in January 2013 as a result of the BTR budget which drastically cut our organization. I took this as an opportunity to do something different, because as "one door closes, another one opens."



Dennis Kaminsky

I'm now pursuing a fully fledged career in my retirement, that of a children's book author. I have four children of my own and had taught literacy school for more than 30 years so had an appreciation for working with young children. I have always had a creative side, writing personal poems for anniversaries, birthdays, Christmas and other occasions. I am also artistic and have painted with oil for years. With encouragement from my family and friends, I took upon this new venture of writing and illustrating my own

books.

My series is called Read and Teach Books, all wonderful books which follow the same format, a poetic story followed by a question on each page relating to the subject matter.

This engages the reader and child in two ways: version, and hence, "read" and "teach." As young children have short attention spans, the Read and Teach books are short, yet filled with bright colorful pictures on each page to draw a child's attention. A short verse and the question which provides the opportunity to engage in an educational conversation between the reader and the child make reading an exciting learning experience.

Topics include day to day subjects that children will be expected to learn. For example, Read and Teach, About Numbers, Read and Teach About ABC's, Read and Teach About the Zoo and Read and Teach About Travel. More topics are coming.

While I had written the first two (ABC's and

Numbers) and had a talented friend, Dana Gellner illustrate them for me, however, I am both author and illustrator of my two recent releases, the Zoo and Travel, and will continue doing both with future books. My books are available as ebooks only at this time, and next are proof at \$1.

I have had positive reviews from teachers, day care workers, the autism society and parents. With the move to electronic devices, parents can now carry on their library of books in one small device rather than the hundreds of books we carried around when our children were young.

I find e-readers are convenient and make a great educational tool for children. We use schools moving to the electronic world as well.

I hope my story provides encouragement to others to pursue their dreams, whatever that may be.

The Read and Teach series is available as ebooks on Amazon and on my website, [www.readteachbooks.com](http://www.readteachbooks.com).



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# ON THE COVER

Far from the negative comments that are made about First Nations people, these people are vital members of our society. — *Bill Robertson*

#INDIAN TEACHER EDUCATION PROGRAM

## Course turns aboriginal students into authors



Jane Ainsworth, Michael Gordon, Bill Robertson, Serena Cavallin and Ian Warner. They were all Robertson's creative writing students in the Indian Teacher Education Program. QC PHOTO BY MICHAEL JAMES

By Andrea Hill

Most of the students who walk into Bill Robertson's creative writing class have never written a short story or poem before.

Some take the class because they

need an English credit, others because they've heard Robertson's a cool guy.

But regardless of how they ended up in the class or what they produced, all are now published poets with bylines in the new anthology *Where I'm*

From ITTEP Creative Writing.

The 100-page book, which was compiled and edited by Robertson, contains at least one poem from each of the 126 students in the Indian Teacher Education Program, who have taken his class since 2006.

Robertson said the book empowers his students — many of whom never imagined they'd be able to publish something — and fights against stereotypes surrounding aboriginal students.

"To read a book like this and see

the range of experiences and subject matters and style and taste — I can't help but say to myself, wow," Robertson said. "Far from the negative comments that are made about First Nations people, these people are vital members of our society."



We were all worried about judgment from our peers  
— Janine Ahenakew



Bill Robertson speaks at the TEDxCreative: Abiding ecology book launch at the U of S. (C) photo by MICHELLE BERG

Robertson said many of the students in his University of Saskatchewan class came from families impacted by the residential school system, and held "a basic distrust of the education system." As such, Robertson said he goes out of his way to make a safe and comfortable environment where his students can share their stories and be told what they "have to say is worth saying."

The themes of the published pieces "range all over the map" and include discussing truth (and) observed experiences — such as walking on long lines and taking part in pow wows — as well as how it feels to be in a room, moment at the joy of sleeping clean and capturing the moments of sport.

"And most of all, through a great deal of this work, there is humor: both broad and sly, poking fun at not only at the bizarre circumstances First Nations people often find themselves in when living on their own land now occupied by laws, institutions and a culture not their own," Robertson writes in the preface of his book.

Robertson said that while his students came from a range of backgrounds, he is "darned surprised" by how good their work is and is confident his book can stand

## Janine Ahenakew

### Blaming Cherry Whiskey inspired by Hard Luck Woman, by Kiss

The beat takes me back  
to a time I won't forget  
swaying on the dance floor  
alone and soaked in sweat  
I can't control the waves  
flowing through my hips  
lyrics so hypnotic that  
I'm mouthing between sips  
sweet cherry whiskey  
I'm drunk and double-fisted  
I should've found a partner  
but I was scared to miss it  
the words mean nothing  
but the beat revives my soul  
must have thought no one saw  
in my dress black as coal  
cause I drank myself sexy  
I simply have no shame  
dancing all seductive  
cherry whiskey is to blame  
I can't believe I did that  
what's worse is I remember ...  
the last time I got loaded  
on the 31st of December.



Janine Ahenakew smiles for peers' "Blaming Cherry Whiskey" book launch at the U of S. (C) photo by MICHELLE BERG

## Janine Ahenakew

Class of 2000-01

When Janine Ahenakew and her friends found out they had to take a creative writing class for their English requirements, they were terrified.

"We were all very scared, we were very self-conscious about the sharing part because we found out that we were going to be writing and then we were going to be sharing our work," she recalled. "We were all worried about judgment from our peers."

Fortunately for Ahenakew, her fears proved unfounded. "Afterwards it seemed as if it was going to be fun, and it was," she said, adding that the class provided a phenomenal opportunity for students to bond because they all had to share significant memories, feelings and experiences.

Ahenakew's published poem, "Blaming cherry whiskey," tells the story of a young woman getting drunk on New Year's Eve. The poem, which has written on a napkin while Ahenakew was in hospital, is about being present, being authentic and being in who you are.

Ahenakew, 30, lives in Blaine Lake, about an hour north of Saskatoon. She works for the Saskatoon Tribal Council, coordinating home instruction for parents of sexual children.

Native literature and storytelling and poetry is a method for aboriginal people to express themselves personally, spiritually, mentally and even physically. — Ian Worme

## Michael Gordon

Class of 2007-08



Michael Gordon captures his creative state when he dreams, goes into his creative state.

When Michael Gordon found out that two poems he'd written last year were slated to be published in Robertson's magazine, he was over the moon.

"I never thought this would be possible in my life," he said. "I don't think I would ever get something published. It feels really good."

Gordon said he's never risked an creative writing before taking Robertson's class, and only signed up because his cousin was teaching. "There's never a dull moment in his class; it's always funny and it's creative writing inspired people to be that way that it was something I wanted to do."

His favourite published poems, "1 and 2 and 3 and 4," captures his mental state and discipline as he sometimes lets off in dreaming — something he did regularly while he was a student at TSSB.

Gordon, 22, is from George Gordon First Nation, about two hours north of Regina. He now works as a messenger at a Koffler in Saskatoon and keeps an electronic journal to continue honing his writing skills.

### 1 and 2 and 3 and 4

Eighth notes beating in my head  
Keeping time I concentrate  
Ride and crash with my arms spread  
My foot and heart palpitate.

With my soul I play this beat  
A primal instinct summoned  
White flames, they envy my heat  
Warrior sense awakened.

Wood, steel, and skins shielding me  
Waves of thunder I can kick  
To most this could look tricky  
Like Zeus, I throw out this flick.

Some say it's from the devil  
People chant and cheer for more  
Timing that is punctual  
1 and 2 and 3 and 4.

## Ian Worme

Class of 2007-08



Robertson's creative writing class was a natural fit for Ian Worme, who had always been interested in poetry and literature. His published poem, "One K," recreates a handful of amazing moments at a fire — an informal poetry slam was part of that gives aboriginal youth a chance to let their hair down have a drink and enjoy each other's company. "I thought it would be funny," Worme said. Worme said he's "proud" to be represented as Robertson's anthology which he sees as a powerful platform to share the voices of the province's First Nations people.

"Native literature and storytelling and poetry is a method for aboriginal people to express themselves personally, spiritually mentally and even physically," he said.

Worme, 21, is originally from Regina. He is now the aboriginal achievement facilitator with Greater Saskatoon Catholic Schools.

### Ian Worme

#### One K

Mother Earth's best friend  
How new feel all summer long  
Dance beating the Creator's song

Make a sound or two  
Curl your ear start  
Smoking on tongue  
Wash her salt and light

"My dream was to know if you'll go out with me. That's all right then, we're"

"We're over, we're over"

"There's love, she doesn't even want you?"

"Someone else's love, you're good anyway — come on then, let's make another sound"

Gathering love, dance, peace, midnight  
American always sound the same

Across the New Year ball, a wave with night  
"Coke, Alvin High Noon, take away"

"Folks, we have a last time boy with a lucky horse"

Four or five in the three water city  
Ten back bouncing in the back

Canoe made and the old lady bomber leading the way

"Hallelujah! Hallelujah! Hallelujah! Hallelujah!"

"I told her to talk it on the side, she's always in love, always"

"It's ok, Victor, it's a driving right behind him anyway"

He can't let her there more in his class. He'll pick up Wilfred"

Believe glow all around  
With Seals and his Indian Car singing so loud

Twenty to help come and impact in the field  
One big party, some come a shock

Love's fighting here, love's losing there  
"Don't let, Debbie, who's her name?"

"I told you, Debbie, you're the only one for me"

Now cheering here, scoping around  
"Buck you, let's you're not my love no more"

"Well, come on then, let's make our love"

Don't matter anyway  
They're still here and love always

Making love sound in the third eye  
We're all having, we're all love



## EVENTS

What you need to know to plan your week.  
Send events to [QC@leaderpost.com](mailto:QC@leaderpost.com)

## # MUSIC

Wednesday, May 14

**Wednesday Night Folk: The Dead South**  
Bushwacker, 2205 Dowdway

**Waggle Wednesday with Leather Cakes**  
McNally's, 2226 Dowdway Ave.

Thursday, May 15

**Conscious Kid, Counterparts, Backbreak, Alpha and Omega, The Greenery, Where the Heart Is**  
The Exchange, 2431 Eighth Ave.

**Filmfare**  
Featuring the Bureau and guests  
9 p.m., Flip Earls, 1900 Hamilton St.

**Beautiful UFO, Fortunate Isles, Hello Lady**  
McNally's, 2226 Dowdway Ave.

**Tara Dawn Scott and Artful Dodger**, 1631 11th Ave.

Friday, May 16

**Big Chill Friday**  
The Lancaster, 4529 Gordon Rd.

**Maxim D, Paols Shee**  
Moxie Arts Club, 1675 Toronto St.

**Jim Meskabe**  
The Whiskey, 1647 Park St.

**Exit Eleven**  
McNally's, 2226 Dowdway Ave.

**Heidi and Robot Hive**  
O'Brien's, 1747 South St.

**Even Chambers and the Third Alarm, Whiskey Mustang, Iron Bloom**  
The Exchange, 2431 Eighth Ave.

**Black Thunder, Dead Heads, Johnny de Courcy and Ranch**



Jim Meskabe plays Friday and Saturday nights at The Whiskey, submitted by Doro

**Death Rangers, Steel Dris**  
The Club at The Exchange,  
2431 Eighth Ave.

**Carla Pawley Quintet**  
8 p.m., Le Bistro, Monastirion  
de Lovel, 3650 Hillside

**Saturday, May 17**

**Des Jager Band**  
The Lancaster, 4529 Gordon Rd.

**Jim Meskabe**  
The Whiskey, 1647 Park St.

**A.B. Mighty Voice**  
Artful Dodger, 1631 11th Ave.

**JJ Vale**  
McNally's, 2226 Dowdway Ave.

**Secret Broadcast**  
The Garam Club,  
1727 St. John St.

**Jonathan Byrd**  
Creative City Centre,  
1643 Hamilton St.

Sunday, May 18

**African Children's Choir**  
10 a.m. Rosewood Park Alliance  
Church, Courtney Street  
Tip in Westmount United Church,  
3025 12th Ave.

**Atmosphere, Prof, Ben Atkin**  
The Exchange, 2431 Eighth Ave.

**Day Trip, Kary Intesa vs. The Time Pirates**  
The Pump 647 Victoria Ave. E.

Monday, May 19

**Charley Pride**  
Cresmo Regins Show Lounge,  
1510 Saskatchewan Dr.

**Open Mic**  
Artful Dodger, 1631 11th Ave.

**Weekly Drum Circle**  
Instruments provided:  
7:30-9 p.m., The Living Spirit  
Centre, 3088 Boust Dr. Call  
Mike 306-550-3511

Tuesday, May 20

**Charley Pride**  
Cresmo Regins Show Lounge,  
1510 Saskatchewan Dr.

**Music Jam**  
Artful Dodger, 1631 11th Ave.

**Megan Nash, Tenner James**  
O'Brien's, 1747 South St.

**The Show & Tribute to ABBA**  
8 p.m., Cresmo Arts Centre,  
266 Lakeshore Dr.

## # VISUAL ART

Sweet Tooth

With a seemingly light-hearted approach to art, Jeff Sweet Little brings a level of serious contemplation about the moments and experiences that resonate through our lives May 13-June 20.  
Opening reception: May 13, 5-8 p.m. State Fine Art Gallery, 2078 Hallow St.

**Makely Armstrong: Pattern Series**  
Until May 17, Myntette Gallery,  
2706 13th Ave.

**W.H. Woold**  
Until May 20, Acornbrook Gallery,  
2266 Smith St.

**KE Adams: Birch Bark Ltd.**  
Norwegian artist KE Adams presents an installation of 34 porcelain birch bark sculptures.  
Until June 4, Silverwood Gallery,  
612 Keele St. West

**Two Perspectives: Karen Holden and Miki Italian**  
Through paint, ceramic, clay and glass, they interpret and discuss the powerful landscapes of Saskatchewan May 16-June 7 Art Gallery of Regina, Neil Belliveau Civic Arts Centre, 3420 Saskatchewan St.

Casadeaux

What does it mean to be Canadian? Works by Canadian artists including Augustus Kanderis, Dorothy Knowles and Ernest Luthi.  
Until June 14, MacKenzie Art Gallery, 3475 Albert St.

**Annie Akkink: We live on the edge of disaster and imagine we are in a museum**  
Video installation highlighting the work of Canadian filmmaker Annie Akkink.  
Until June 14, MacKenzie Art Gallery, 3475 Albert St.

**You Are What You Repeat: Julie De**

New work by Annette to ink  
Until June 10  
The Hagus Gallery, Creative City Centre, 1643 Hamilton St.

**Who's Afraid of Purple, Orange and Green?**

The formalist aesthetics of the 1950s are being re-emerged by Toronto Canadian artists at various stages of their careers. This group exhibition brings together new works by artists from across Canada.  
Until June 20  
Darling Art Gallery—Central Branch, 233 12th Ave.

**Joy Walker: Untitled**  
Toronto artist Joy Walker's unique work for Central Library's east-facing windows explores the proximity of nature and the work of chance using various media.  
Until June 20, RPL, Central Branch, 233 12th Ave.

**Essence of Place: The Art of Scott Nicholson Fine Arts**  
New exhibitions quarterly  
Until July 31, Breeze Centre  
Coasting, 1621 Albert St.

**Art in Bloom**  
Works include a variety of textures, colours, patterns and materials.  
Until Aug. 24, MacKenzie Art Gallery, 3475 Albert St.

**Mary Pratt**  
A five-decade retrospective which celebrates the renowned Newfoundland and Labrador artist.  
May 17-Aug. 24, MacKenzie Art Gallery, 3475 Albert St.

**Nowhere Gallery**  
2145 Albert St. Open Tuesday to Saturday, 10 a.m.-5 p.m.

**Oilskins and Pins Arts**  
Oil and ink paintings by Chinese artists Lingbo Zeng and Huanyi Tian.  
2342 Smith St. Open Monday to Saturday, 10 a.m.-5 p.m.

## EVENTS

What you need to know to plan your week.  
Send events to [QC@leaderpost.com](mailto:QC@leaderpost.com)

## # COMEDY

**Combat Improv season finale**

May 14-15, 8 p.m.  
The Arthouse, 2627 13th Ave.

**The Laugh Shop**

Live standup every Saturday night, 7-9 p.m. Renaissance Hotel, 1818 Victoria Ave.

## # PERFORMANCE

**How to Give Feedback**

Workshop for poets and performers  
Every Tuesday, 7-9 a.m.  
Creative City Centre, 1843 Hamilton St.

**Unstrapped: The Sounds of Music**

Until June 13  
Applause Theatre, lower level, 1910 Broad St.

## # DANCING

**The Mixes One Club-dance**

Featuring music by There for the Show  
May 15, 8 p.m.-midnight  
2134 Whiskey St.

**Retro Dance Party**

Every Sunday  
McNally's, 2228 Dewdney Ave.

**# CATHEDRAL VILLAGE ARTS FESTIVAL**

Monday, May 19

**Big Yellow Taxi mass sampling**

10 a.m., 2:00 block  
Highway 634

**Kickoff parade**

11:30 a.m., 14th Avenue and  
Highway 634

**Family picnic**

Noon-4 p.m. Lett Shattman Park, Pegasus Street and 19th Avenue

**Vertigo Series Performance**

The Cathedral Village Arts Festival kicks off Monday with a parade in Lett Shattman Park. (QC PHOTO BY MICHAEL BELL)

**and Open Mic**  
7-9 p.m. The Arthouse, 2627 13th Ave.

Tuesday, May 20

**Rem's Skull, White Hollywood, Little Hills**  
Katherine Brennan and Kristen Smith recreate famous

paintings as tableaus vivants, or living pictures. They will introduce a mystery to their tableaux, creating a narrative based on a dossier of fake

painting.  
7-9 p.m. RPL Connaught Branch, 3435 13th Ave.

**CWAP Poetry Slam**

7-9 p.m. The Mercury, 2036 13th Ave.

**Wednesday Lunch**

7-9 p.m. Uptown Centre, 2100 College Ave.

**Felt spectacular**

Felters artist Stacey Maynard and students unveil a felted workshop quilt.  
7-8 p.m. RPL Connaught Branch, 3435 13th Ave.

**It's in Time**

Theatre created and performed by the Globe Theatre School's evolution I ensemble, six young actors ages 13-15

7 p.m. The Arthouse, 2627 13th Ave.

**The Twilight Zone**

Theatre created and performed by the Globe Theatre School's evolution II ensemble, 10 young actors ages 12-17.  
8 p.m. The Arthouse, 2627 13th Ave.

**Jeff Richards**

9 p.m. Uptown Centre, 2100 College Ave.

## # FOR FAMILIES

**Stairs and Strollers**  
Wednesday, 1 p.m.

Complex Edison Southland Mall, 3025 Gordon Rd.

**Roll & Difference**

Combat bullying through 'rolling' spread kindness with a cookie  
Wednesday, 5-7 p.m.  
Event: Antares Bookshoppe, 230 Whiskey St. N.

**Build a Book Nook**

Put friends. Assemble your own portable book nook. Supplies are provided for one "nook" per family. Registration is required.  
May 14, 7-8:30 p.m.  
RPL Connaught Branch, 3435 13th Ave.

**The Learning Tree preschool open house**

May 15, 5:30 p.m.  
Dorwood Park Church, Courtney Street and Whelan Drive

**Drop in Indoor Playground**

Friday, 9-11:45 a.m.  
South Lacombe Centre, 170 Samml Dr.

**More and Tut Boreal**

**Meetings**  
Hosted by Kate Murray, 306-219-2511.  
Friday, 10-11:30 a.m.  
Early Learning Family Centre, Scott Collegiate, 3350 7th Ave.

# EVENTS

## Bulldozer's Out

May 18, 1:30-2:30 p.m.  
Royal Saskatchewan Museum,  
2645 Albert St.

## Majestic Movie Matinee

May 15, 2-3:30 p.m.  
RPL Regent Place Branch, 331  
Albert St.

## Family Bonnet Run

Create your own unique  
family bonnet. For children  
ages 6 and over. Registration  
required.  
May 18, 2-4 p.m.  
RPL Summer Branch, 2135-6  
Woodlands Dr.

## Like Safety Holes

Learn bicycle safety. English-  
language translation  
available.  
May 15, 3-3:40 p.m.  
RPL Glen Glen Branch, 1608  
Glenway Ave. E.

## Build an Ice Gnome Clinic

Build a special feature project.  
For children ages 5 and up.  
Saturday, 11 a.m. Calgary Clinic  
Lowers, 4533 Garden Rd.

## Family Favourites Films

Enjoy a favourite film for just  
\$2.50.  
Saturday, 11 a.m. Calgary Clinic  
Lowers, 4533 Garden Rd.

## Will Will Have Fun!

Willamette, drop-in.  
May 12, 1-4 p.m.  
RPL Albert Branch, 1401 Robtson St.

## Two Cool Cats

For ages 3-7, make a craft and  
enjoy stories.  
May 12, 2-2:45 p.m. RPL Central  
Branch, 2381 12th Ave.

## Fabric Gnomes

For ages 3 and over. Create  
wonderful works of fabric art.  
May 12, 2-3:30 p.m.  
RPL Glen Glen Branch, 1608  
Glenway Ave. E.

## Family Activities

Saturday and Sunday, 3 p.m.  
Saskatchewan Science Centre,  
2903 Powerhouse Dr.



The second annual Zombie Pre-Game ball game this weekend at the University of Calgary.

## Family Studio Sockpops

Sunday, 2-4 p.m.  
MacKenzie Art Gallery, 3475  
Albert St.

## Parent and Preschooler

Jungle Gym  
Monday, 9:30-11 a.m.  
All-Levels Family Wellness  
Centre, 645 13th Ave.

## Science Time for Kids

Interactive workshop aimed at  
early learners.  
Tuesday, 3:30-4:30 p.m.  
Saskatchewan Science Centre,  
2903 Powerhouse Dr.

## Mom's Morning Out

2:00-4:00 p.m. or, email@  
sask.ca

## Mothers of Pre-Schoolers

(MOPS)  
Rotated Park Alliance  
Church, meet in reserved  
parking.  
Hughes Newcomers Club  
regina.newcomersclub@gmail.com

## Time Out For Parents

A Ritchie Family Wellness  
Centre, 2210 Glenway Dr., 3:00-

3:20-4:00 p.m. at@wells@wells.net

## Y's Men's Group

YMCA, 2420 13th Ave., 3:30-  
7:30 p.m.

## Y's Men's Group for Multi-

YMCA, 2420 13th Ave., meets  
the third Thursday of the  
month at 6:30 p.m.

## YMCA Regis

1842 McIntyre St., 3:00-5:30-  
2:41

## MUSEUMS

## Alisa Yousko School Museum

1220 Fourth Ave.  
Tours by appointment only  
(306-267-5000)

## Child Museum of Regina

1375 Broad St.  
Tuesday-Friday 10 a.m.-4 p.m.  
Saturday noon-4 p.m. Closed  
Sunday and Monday.

## Government House Museum

& Heritage Property  
4607 Glenway Ave.  
9 a.m. to 4 p.m., closed Mon-  
day.

## RCMP Heritage Centre

5907 Glenway Ave.  
Open 11 a.m.-5 p.m. daily.

## Regina Firefighters Museum

1205 Ross Ave.  
Tours by appointment (306-  
777-7734).

## Royal Saskatchewan Museum

2425 Albert St.  
Open 9:30 a.m.-5 p.m. daily.

## Saskatchewan Military Museum

1800 6th Ave. SE  
Open Monday and Tuesday,  
7-9 p.m., or by appointment  
(306-267-5000).

## Saskatchewan Science Centre

2903 Powerhouse Dr.  
Tuesday-Friday 9 a.m.-5  
p.m. Saturday 9 a.m.-5 p.m.  
Closed Mondays.

## Saskatchewan Sports Hall of Fame

2395 Victoria Ave.  
Monday-Friday 10 a.m.-4:30

p.m. Saturday noon-5 p.m.  
Closed Sunday.

## OTHER HAPPENINGS

## Regina Farmers' Market

Wednesday and Saturday, 9  
a.m.-1 p.m.  
City Square Plaza, downtown

## RCMP Sergeant Major's Parade

Wednesday, Friday and Mon-  
day, 11:45 p.m.  
RCMP Depot Division, 5000  
11th Ave.

## Body Talk

Healthcare modality that  
works with the body's natural  
ability to heal itself.  
May 14, 8:30-9:30 p.m.  
RPL, 2420 13th Ave. SE, South-  
land Mall, 2903 Garden Rd.

## 20th Annual Ballroom Sankara

Food, entertainment, a bar-  
bershop quartet and more.  
May 14, 8:30-9 p.m.  
Ballroom College Gymnasium,  
3443 College Ave.

## Prerogative Painted Pot

Get ready for summer by  
painting a plant pot. Supplies  
provided.  
May 14, 7-8 p.m.  
RPL Prince of Wales Branch,  
442 14th Ave.

## Summer Beer

Beer festival, \$10 fee per  
person.  
May 14, 7-8:30 p.m.  
RPL Silverwood Village Branch,  
6121 Beechdale Blvd.

## Science Pub

Waking Nightmares: Sweet  
Dreams Are Made of These,  
presented by Nick Carleton, U  
of R psychology department.  
May 15, 7 p.m.  
Ansona Room, Bushwacker

## Zombie Prep Camp

May 17-18  
Secret location at Lake  
Knapewap. Visit zombiecamp-  
calgary.com for more details.

## Teachmenters

Become a better public  
speaker. Contact Dawn at  
306-333-0339.  
Every Saturday, 10-11:30 a.m.  
Knox Metropolitan Church  
room 105, 234-6 Victoria Ave.

## Sask Valley Ballroom Sankara

May 17-18 Co-sponsors Cen-  
tre, Evans Place

## Regina Photo Club

May 15, 7:30 p.m.  
START room 115

## Hungarian Gulyas and Lem- on Popovers at Supper

May 23, 6-7:30 p.m.  
Regina's Hungarian Cultural  
and Social Club, 1925 McLean  
St.  
Tickets \$10, call 306-523-  
8182.

## CherryDance Challenge

Drop-in gathering of local  
zine enthusiasts.  
Every Tuesday, 5 p.m.-mid-  
night.  
Borden Plaza, 545 Albert St. N.

# EVENTS

## NEW MOVIES

### Godzilla

Action  
An epic return to Japanese sci-fi, this spectacular adaptation to the world's most famous Japanese monster against man-made creatures was, bolstered by humanity's scientific arrogance, threaten our existence.

### Million Dollar Arm

Drama  
Once successful sports agent JD Berenson (Jon Hamm) finds himself edged out by bigger, slicker competitors. He and his partner Ash (David Henry) are in danger of losing their business, while watching a cricket match on TV, JD decides to go to India where the match was held in an effort to find the

next baseball pitching sensation (in Mumbai), he stages a television-called "Million Dollar Arm" where 40,000 hopefuls compete. He helps the winners back to the United States to train with legendary pitching coach Tom House. In order to get them signed to a major league team.

### Galaxy Classics

433 McCurdy Blvd. N.  
306-522-9098

### Chaplin's Odium

Seaford Mill Cinema  
3020 Gordon Rd., 306-585-2333

### Bombay Cinema

Golden Mile Shopping Centre  
3006 Albert St., 306-309-2550

### Like Father, Like Son

Drama  
Ryota Homiyoshi is a successful businessman driven by money. When he learns that his biological son was switched with another child after birth, he must make a life-changing decision and choose his true son or the boy he raised as his own. In Japanese with English subtitles.

### When It Walks

Documentary  
In 2010, 25-year-old Jason Geddes was on a beach vacation with family when he fell down and couldn't get back up. His legs had stopped working. He'd been diagnosed with multiple sclerosis a few months earlier. As he picked up the camera, turned it on his declining body, and set

out on a worldwide journey in search of healing, self-discovery, and love. Winner of Best Canadian Documentary, Hot Docs 2013.

### Haghe Public Library Theatre

2311 12th Ave., 306-777-8004  
—  
**Flight of the Butterflies**  
Documentary  
Join hundreds of millions of butterflies on an amazing journey to a remote hideaway in the mountains of Mexico.

### Kempu Animal Kingdom

Documentary  
Discover Kenya's famous fauna in their natural habitat, including the Big Five — lions, African elephants, Cape buffalo, leopards and black rhinos — and giraffes, hippos and cheetahs. Meet two fearless



Morgan Freeman narrates island of Lemurs Madagascar a film premiering at the Klammer Area Theatre. GETTY IMAGES FILE PHOTO

young Maasai and follow them on their musical safari.

### Island of Lemurs Madagascar

Documentary  
Join scientist Patricia Wright on her island mission to help endangered lemurs survive in

the modern world. Narrated by Morgan Freeman.

### Klammer Area

2903 Powerhouse Dr.  
306-522-6529

Event info on a this community service offering. Q: Listings will be printed if space permits.

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BENGALURU - \$1060  
THIRUVANANTHAPURAM - \$1060  
KARACHI - \$1020  
LAHORE - \$1020  
ISLAMABAD - \$1020  
PESHAWAR - \$1340  
COLOMBO - \$1351

### MIDDLE EAST

MAQNAH - \$1091  
JEDDAH - \$1111  
RIYADH - \$1113  
AMMAN - \$1140  
BEIRUT - \$1140  
CAIRO - \$1140  
ABU DHABI - \$1140  
DUBAI - \$1140  
RYADH - \$1170  
MUSCAT - \$1171  
DOHA - \$1171  
SANAA - \$1181  
BAHRAIN - \$1181  
PRISTINA - \$1180

### AFRICA

NAIROBI - \$999  
DAR ES SALAAM - \$1118  
JOHANNESBURG - \$999  
ENTEBE - \$999  
KHARTOUM - \$1071  
ADDIS ABABA - \$1080  
CAPE TOWN - \$999  
DURBAN - \$999  
ACCRA - \$999  
LUSAKA - \$1080  
KIGALI - \$1008  
LAGOS - \$991

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## #CROSSWORD

## NEW YORK TIMES Edited by Will Shortz

## ACROSS

- 1 Putter after lunch  
 3 Hurdles mainly  
 6 Also some seats for men  
 14 Another phrase you find  
 15 James who won a controversial Pulitzer  
 16 State one's case  
 17 An art's contrast  
 18 Out back  
 19 ... which  
 20 Will Smith biopic  
 21 Commemorative  
 23 Capped off by  
 25 Tina who sings  
 26 Consider  
 27 View on both sides of  
 28 Not a deity, please  
 29 Award moral  
 30 A box one's best, for short  
 37 Question asked by a customs officer or a clerk on Christmas ... with a hint to this puzzle is checked twice  
 43 "The Miserable" economy  
 44 Cold I know I will  
 45 Reasons for a spike in rainfall

## DOWN

- 1 Litter component  
 2 No worker  
 3 Targeted of dip  
 4 Spoke, to talk back  
 7 Given  
 8 Some from farm  
 9 Commemorative Knapen  
 10 New York's ...  
 11 ...  
 12 Title shared from the movie "Casual"  
 13 ... products in old  
 14 ...  
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## #JANRIC CLASSIC SUDOKU

## Levels: 6-8

Fill in the blank cells with numbers 1-9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).

8	5	9		6				
	1		5			9		
	2				1		5	
		7		5	1			
5		9	2			4		
		7	6	3				
		5	9					
				8	4	2	3	

Solution to the crossword puzzle and the Sudoku can be found on Page 22

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 306.842.5328

Estevan & Area  
 306.634.5328



# FOOD

Dog River Days in Regina, about 30 kilometres southeast of Regina, is having its first chili dinner dog-eating competition on July 19 in honour of Corner Gas character Brent Leroy.

Last year's dinner competition proved less than thrilling at the annual Leo Crown in Saskatoon, where the Dog's Breakfast 14-ounce sausage competition has become a tradition every August.

Whether it's for fundraisers (like the latter two events) or just for fun (like the main five events), eating contests are growing in popularity.

While delicious events have always been a staple of state fairs and the like, when Saskatchewan's *Postscript* changed the game.

In 1915, the *Postscript* held, N.Y. hot dog stand barked its first competition. Legend has it, it was a fight between four contestants to prove who was most patriotic.

This year's winner ate 13 hot dogs, a pretty nice compared to today. Last

year at the annual contest, Joey Chestnut ate 50 hot dogs in 10 minutes. It was his seventh straight win in the competition, which has grown considerably since the 1990s, since 2003 the contest has been broadcast on ESPN.

Chestnut holds records in 10 of 10 Major League Eating categories, including such specific categories as an average (12 pounds and 5.15 ounces in 30 minutes) — as people DO have contests with healthy foods, Japanese poppers (118 in 10 minutes) and potatoes (24 pounds in 10 minutes).

As a full-time competitive eater, 30-year-old Chestnut has an estimated net worth of about \$100,000.

But eating contests are not without peril. In 2004, a man choked to death in a hotdog eating contest at a Regina bar, two years later a woman in London, Ont., choked to death during a marshmallow-eating contest.

See [www.ledepost.com/2013/05/14/ledepost](http://www.ledepost.com/2013/05/14/ledepost)



Ashley Martin displays her winner's prize in the 2014 Leo Cup Dog Chow Chili Dinner eating contest on May 10, 2014, at John Thelbinger's bar in Regina. Photo courtesy of ASHLEY MARTIN



Ashley Martin eats her heart out during the Leo Cup Dog Chow Chili Dinner eating challenge. Photo courtesy of ASHLEY MARTIN



A popular hot dog-eating contest is the Leo Cup Dog Chow Chili Dinner eating contest on May 10, 2014, at John Thelbinger's bar in Regina. Photo courtesy of ASHLEY MARTIN



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# ON THE SCENE

## # SASKATCHEWAN FASHION WEEK

It was a fashion showcase (a both on and off the runway).

Saskatchewan Fashion Week (SFNW) held May 8 to 10 in the east and straddled the Canada-Saskatchewan Production Studios featured style-conscious retailers, emerging and established designers. All three nights of the popular event sold out three weeks ahead of time.

"SFNW wants to celebrate and expose the quality innovation and entrepreneurship are producing in Saskatchewan. The calibre of our Saskatchewan designers submit continues to grow each year," said fashion designer and buyer Chelley O'Connell, who co-founded the event in 2012 with designers Candace Pessell and Chris Frickwell. "Retailers are buying designers' collections from this runway to sell to their clientele. It's a competitive force for designers to stay situated in Saskatchewan,

instead of relocating to other provinces."

The SFNW 2014 lineup included designers who previously showed original collections on the SFNW runway: Hilbert & Beck, Laurie Brown, Double Creek, Aventura Designs, Crest Dams Design, Chicks & Girls, Sova Design Millinery, Z2 Fresh, Nicola's, KAUZ Clothing, Begonia Couture, Katherine Silberman, Anne Rose, Joyce Well, MoonStar Designs and Songa Clifton-Romale. As well, the provincial showcase

attracted a new generation of designers including: PT Design, Freshness, Sage Williamson (who at 15 was the youngest designer ever to be showcased at SFNW), War Paint by Steve Gossie, Pruskie Designs and Theria and Visitation.

This year's Fashion Forward Emerging Designer Award was presented to Jane Pruskie of Pruskie Designs.



## ON THE SCENE

QC PHOTOS  
BY TROY FLEECE

1. Saskatchewon Fashion Week co-founder Candace Pieslak (left) and this Leader Post's Irene Solovine.

2. Nicole Stirling from left: Ben Kilian and Jill Bahler.

3. Lynn Armstrong.

4. A model presents a creation by Ploahk by Jans Ploahk.

5. A model showcases Luane Brown's designs.

6. Rhonda Foster (left) and 18-year-old fashion designer Suzi Weemindy.

7. Paul Thibault (left) and Haley Blackmore.

8. Melissa Plesco from left: Ashley Kusdorf and Jans Ploahk.

9. Kala MacDonnell from left: Sara Terevuk, Krista Mack, Rachel Gutrea and Kristin McLean.



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TRANSLATE



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## WINE WORLD

## # SASKATCHEWAN LIQUOR SCENE

## It's time for beer lovers to discover home brewing

By James Romanow

All beer drinkers should make beer at least once in their life. It's fascinating to discover how easy it is. The intense craft brewers to suit that you are only a small brewer if you forgo corn. Meanwhile, they are cheerfully ingesting their brews with everything from pumpkin to espresso. I'm a more Catholic drinker and see no reason why corn wheat or any other "bad ingredient" technical term to be deluged with a brewer on one's lips is verboten.

If you do forgo adjuncts, you are back to an incredibly simple recipe — water, barley, yeast. There are, like any other food preparation, tricks-and-treats, but the effort is pretty simple. It's so, most of us are way too lazy to save money and do it ourselves. Last winter I came across the Holy Grail: a kit that is both easy and tastes good.

MB Bottle Brew of Oshawa produces kits in three flavours, the standard flavours being Mexican Cerveza, a red Mexican lager style (Bolshevik Blonde), a sharper Russian style (Bolshevik) and a pilsner. All are extraordinarily drinkable.

It takes 16 days to make a brew, though I'm fairly sure they're potable in seven days. All you have to do is add the yeast to the pre-made wort, store with a special airtight cap and wait.



At the end of those 16 days you have the equivalent of a six pack. Each kit from MB has four bottles, so each kit makes a total of 16 beer, aka for a two liter equivalent.

Home brewing may change your life. It will certainly make you more opinionated about the "cheap" stuff on tap at any number of pubs.

Home Hardware carries all three flavours across the province. Those in the know recommend the Bolshevik Blonde.

MB Bottle Brew \*\*\*\*

More your favourite breweries in Monday's paper and on Twitter @drkhome

## Crossword/Sudoku answers

P	S	S	T	P	A	W	S	M	U	S	K	Y
O	M	A	N	A	G	E	E	O	P	I	N	E
T	I	L	T	P	A	R	E	A	L	L	E	N
A	L	I	W	A	T	E	R	S	H	A	K	E
T	E	N	S	I	L	E	K	E	N			
O	E	O	E	N	S	T	R	A	D	D	L	E
R	E	S	E	A	T	E	R	A				
W	H	A	T	S	I	N	T	H	E	R	B	O
O	B	I	G	E	E	S	K					
W	O	R	D	I	N	E	S	S	E	T	U	P
O	N	E										
F	I	R	S	T	L	I	G	H	T	S	O	D
M	A	S	A	I	A	S	H	E	T	E	A	R
R	I	N	O	S	T	O	E	S	A	L	T	O
S	N	O	O	T	E	N	O	S	B	E	S	S

8	5	9	4	6	2	3	1	7
4	6	3	1	9	7	2	5	8
7	1	2	5	3	8	6	9	4
6	2	8	3	4	1	9	7	5
9	4	7	8	5	6	1	3	2
5	3	1	2	7	9	8	4	6
2	7	4	6	1	3	5	8	9
3	8	5	9	2	4	7	6	1
1	9	6	7	8	5	4	2	3

# OUTSIDE THE LINES



## # Colouring contest

Each week, artist Stephanie McKay creates a family illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to [web@leaderpost.com](mailto:web@leaderpost.com). One winner will be chosen each week.

Please send **high-resolution** pictures and include the child's name and contact information.



Last week's QC colouring contest winner was **Klayne Melnychuk**. Congrats, kid! Thanks to all for your colorful submissions. Try again this week!



## Food That Makes You Feel Good!

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